

JUNIOR INSTRUCTIONAL PROGRAM



LEVEL	DAYS(S)/TIME	9/3-10/6	No Jr Stars 10/31 10/7-11/10	No 11/27-12/1 11/11-12/8	No 12/21-1/5 12/9-1/19	1/20-3/2	No 3/29-4/6 3/3-4/13	4/14-5/18
Levels I/II (start age 4. (Run seperately but at the same time.)	Mon. 4:30-5:30p	\$88/\$116	\$110/\$145	\$88/\$116	\$88/\$116	\$132/\$174	\$110/\$145	\$110/\$145
	Fri. 5:00-6:00p	\$110/\$145	\$110/\$145	\$66/\$87	\$88/\$116	\$132/\$174	\$110/\$145	\$110/\$145
	Sun. 10:30-11:30a	\$110/\$145	\$110/\$145	\$66/\$87	\$66/\$87	\$132/\$174	\$88/\$116	\$110/\$145
Levels I+/II+ 10 & Up. (Run separately but at the same time.)	Tues. 6:00-7:00p	\$110/\$145	\$110/\$145	\$88/\$116	\$88/\$116	\$132/\$174	\$110/\$145	\$110/\$145
	Fri. 5:00-6:00p	\$110/\$145	\$110/\$145	\$66/\$87	\$88/\$116	\$132/\$174	\$110/\$145	\$110/\$145
	Sun. 10:30a-11:30a	\$110/\$145	\$110/\$145	\$66/\$87	\$66/\$87	\$132/\$174	\$88/\$116	\$110/\$145
Level III/Jr. Stars	Mon. 5:30-7:00p	\$132/\$160	\$165/\$200	\$132/\$160	\$132/\$160	\$198/\$240	\$165/\$200	\$165/\$200
	Thurs. 6:00-7:30p	\$165/\$200	\$132/\$160	\$99/\$120	\$132/\$160	\$198/\$240	\$165/\$200	\$165/\$200
	Sun. 1:30-3:00p	\$165/\$200	\$165/\$200	\$99/\$120	\$99/\$120	\$198/\$240	\$132/\$160	\$165/\$200
Varsity IV/Elite (High School. Run separately but at the same time)	Tiues 4:00-6:00p	\$220/\$255	\$220/\$255	\$176/\$204	\$176/\$204	\$264/\$306	\$220/\$255	\$220/\$255
	Thurs. 4:00-6:00p	\$220/\$255	\$220/\$255	\$132/\$153	\$176/\$204	\$264/\$306	\$220/\$255	\$220/\$255
	Sun. 11:30-1:30p	\$220/\$255	\$220/\$255	\$132/\$153	\$132/\$153	\$264/\$306	\$176/\$204	\$220/\$255

ADULT INSTRUCTIONAL TENNIS/PICKLEBALL PROGRAM

ADULT CLINICS	DAY(S)/TIME	9/3-10/6	10/7-11/10	No 11/27-12/1 11/11-12/8	No 12/21-1/5 12/9-1/19	1/20-3/2	No 3/29-4/6 3/3-4/13	4/14-5/18
Adult Beginners (2.5 & Below)	Wed. 6:00-7:00p	\$100	\$100	\$60	\$80	\$120	\$100	\$100
	Sat. 10:00-11:00a	\$100	\$100	\$60	\$60	\$120	\$80	\$100
Cardio Tennis	Mon. 7:00-8:30p	\$80/\$108	\$100/\$135	\$80/\$108	\$80/\$108	\$120/\$162	\$100/\$135	\$100/\$135
	Thurs. 7:00-8:30p	\$100/\$135	\$100/\$135	\$60/\$81	\$80/\$108	\$120/\$162	\$100/\$135	\$100/\$135
	Sat. 8:30-10:00a	\$100/\$135	\$100/\$135	\$60/\$81	\$60/\$81	\$120/\$162	\$80/\$108	\$100/\$135
Adult IRRs (Levels 2.5-4)	Wed. 9:00-10:30a	\$150/\$185	\$150/\$185	\$90/\$111	\$120/\$148	\$180/\$222	\$150/\$185	\$150/\$185
	Wed. 7:00-8:30p	\$150/\$185	\$150/\$185	\$90/\$111	\$120/\$148	\$180/\$222	\$150/\$185	\$150/\$185

PICKLEBALL

Beginner Drill & Play	Thurs. 7:00-8:00p	\$100/\$135	\$100/\$135	\$80/\$108	\$80/\$108	\$120/\$162	\$100/\$135	\$100/\$135
Intermediate Drill & Play	Tues. 6:00-7:00p	\$100/\$135	\$100/\$135	\$80/\$108	\$80/\$108	\$120/\$162	\$100/\$135	\$100/\$135
	Thurs. 6:00-7:00p	\$100/\$135	\$100/\$135	\$60/\$81	\$80/\$108	\$120/\$162	\$100/\$135	\$100/\$135

Pricing Reflects Member/Non-Member

JUNIOR LEVEL DESCRIPTIONS



Level I

Ages 4-8. Beginners. Learn traditional stroke techniques, basic grips, footwork, and court etiquette. Small student/teacher ratio with an emphasis on technical instruction. "Fun & Fundamentals."

Level I+

Ages 10 & up. Introduction to Tennis. Same as Level I, but only for pre-teen and teenage students.

Level II

Advanced beginner. Ages 9-10. Has completed Level I or the equivalent. Knows basic grips and can sustain a rally with directional aim. Hits accurately while on the run. Starting to serve overhand, but with an abbreviated motion. Often still learning the scoring system.

Level II+

Intermediate. Ages 10 & up. Same as general Level II, but only for pre-teen and teenage students.

Level III/Junior Stars

This class combines stroke production and technique with strategy and match play. Students are starting to use spin (top spin and slice) on groundstrokes. Utilizes correct grip on volleys and overhand serve. Understands scoring system and has good fundamentals with improving footwork. Most students are middle school or JV team ready.

Level IV/Elite

Class is focused on High School Varsity and tournament level players. Students are expected to know grips and spins in all shot categories and can understand/apply strategy and tactics. Emphasis will be placed on competition. Movement between courts will be based on performance. 2-day attendance is encouraged.

Junior Match Play

Level II+ and up play matches to develop on-the-court experience with technical elements that are learned in our clinics and private lessons. Contact Brent Johnson at brentjohnson962@gmail.com or (513) 478-9174.

ADULT PROGRAM DESCRIPTIONS

Adult Beginners

This class is designed to break down the basic fundamentals of the main shots in tennis, being groundstrokes, volleys, and serving. Discuss proper grips, swing path, footwork, and other important basics that help make you a better tennis player.

IRR

Instructional Round Robin. This class is designed to work on point-play strategy, positioning, and patterns. This class will touch on some stroke development but is more geared toward playing out points. The recommended level is 2.5 - 4.0.

Cardio Tennis

A great way to get those steps in is by playing tennis! Our cardio classes have a lot of movement; but with a lot of point play. In cardio tennis, you won't find yourself standing still often, we stay hitting and moving. Great way to get the cardio while having fun.. The recommended level is 2.5+.

Pickleball Drill & Play

We work on specific key shots like dinks, drives, drops, and volley techniques. In the first half, you will learn the techniques, then spend the last 25-30 minutes practicing the skills while getting instructor feedback and supervision.

ADDITIONAL DETAILS

Our Tennis and Pickleball professionals include Tennis Director, Michael Neverman, Ghassan Al-ansi, Geoff Crawford, Jason Grannen, Troy Helmers, Jerry Howard, Brent Johnson, Nick Mendoza, Adam Moler, Konnor Montchaj, Guy Schmidt, Eric Thompson, and Patrick Wantz.

All payments must be made to Beechmont Racquet & Fitness when signing up for class.

Drop-Ins: Available in some classes for an additional \$5 fee per class. Must call ahead to attend.

Missed Classes:

All missed classes must be made up during the same or next session. Sessions are a set price. A player **MUST** give 24 hours notice that they will miss a class to be eligible for a make-up class.. Make-ups must be pre-arranged and emailed to tennis@beechmontfitness.com. If no notice is given, that class WILL NOT be made up.

Free Walk-Ons:

For junior members actively participating in Level II+ and up; may not reserve courts ahead of time.

No classes on 11/27-12/1, 12/21-1/5, or 3/29-4/6.