

JUNIOR INSTRUCTIONAL PROGRAM



LEVEL	DAYS(S)/TIME	9/5-10/15	10/16-11/12	No 11/22-11/26 11/13-12/10	No 12/23-1/1 12/11-1/21	1/22-3/3	No 3/30-4/7 3/4-4/14	4/15-5/26
Levels I/II (start age 4. (Run seperately but at the same time.)	Mon.	4:30-5:30p	\$105/\$130	\$84/\$104	\$84/\$104	\$126/\$156	\$105/\$130	\$126/\$156
	Fri.	5:00-6:00p	\$126/\$156	\$84/\$104	\$63/\$78	\$105/\$130	\$105/\$130	\$126/\$156
	Sun.	10:30-11:30a	\$126/\$156	\$84/\$104	\$63/\$78	\$84/\$104	\$84/\$104	\$126/\$156
Levels I + /II + 10 & Up. (Run separately but at the same time.)	Tues.	6:00-7:00p	\$126/\$156	\$84/\$104	\$84/\$104	\$105/\$130	\$105/\$130	\$126/\$156
	Fri.	5:00-6:00p	\$126/\$156	\$84/\$104	\$63/\$78	\$105/\$130	\$105/\$130	\$126/\$156
	Sun.	10:30a-11:30a	\$126/\$156	\$84/\$104	\$63/\$78	\$84/\$104	\$84/\$104	\$126/\$156
Level III/Jr. Stars	Mon.	5:30-7:00p	\$157.50/\$182.50	\$126/\$146	\$126/\$146	\$189/\$219	\$157.50/\$182.50	\$189/\$219
	Thurs.	6:00-7:30p	\$189/\$219	\$126/\$146	\$94.50/\$109.50	\$157.50/\$182.50	\$157.50/\$182.50	\$189/\$219
	Sun.	11:30-1:00p	\$189/\$219	\$126/\$146	\$94.50/\$109.50	\$126/\$146	\$126/\$146	\$189/\$219
Varsity IV/Elite (High School. Run separately but at the same time)	Tues	4:00-6:00p	\$252/\$282	\$168/\$188	\$168/\$188	\$210/\$235	\$210/\$235	\$252/\$282
	Thurs.	4:00-6:00p	\$252/\$282	\$168/\$188	\$126/\$141	\$210/\$235	\$210/\$235	\$252/\$282
	Sun.	1:00-3:00p	\$252/\$282	\$168/\$188	\$126/\$141	\$168/\$188	\$168/\$188	\$252/\$282

ADULT INSTRUCCIONAL TENNIS/PICKLEBALL PROGRAM

ADULT CLINICS	DAY(S)/TIME	9/5-10/15	10/16-11/12	No 11/22-11/26 11/13-12/10	No 12/23-1/1 12/11-1/21	1/22-3/3	No 3/30-4/7 3/4-4/14	4/15-5/26
Adult Beginners (2.5 & Below)	Wed.	6:00-7:00p	\$90	\$60	\$45	\$75	\$90	\$90
	Sat.	10:00-11:00a	\$90	\$60	\$45	\$60	\$60	\$90
Cardio Tennis	Mon.	7:00-8:30p	\$75/\$100	\$60/\$80	\$60/\$80	\$60/\$80	\$90/\$120	\$90/\$120
	Thurs.	7:00-8:30p	\$90/\$120	\$60/\$80	\$45/\$60	\$75/\$100	\$90/\$120	\$90/\$120
	Sat.	8:30-10:00a	\$90/\$120	\$40/\$60	\$45/60	\$60/\$80	\$90/\$120	\$90/\$120
Adult IRRs (Levels 2.5-4)	Wed.	9:00-10:30a	\$168/\$198	\$112/\$132	\$84/\$99	\$140/\$165	\$168/\$198	\$140/\$165
	Wed.	7:00-8:30p	\$168/\$198	\$112/\$132	\$84/\$99	\$140/\$165	\$168/\$198	\$140/\$165
PICKLEBALL		9/5-10/15	10/16-11/12	No 11/22-11/26 11/13-12/10	No 12/23-1/1 12/11-1/21	1/22-3/3	No 3/30-4/7 3/4-4/14	4/15-5/26
Adult Drill & Play	Tues.	6:00-7:00p	\$75/\$95	\$75/\$95	\$75/\$95	\$75/\$95	\$75/\$95	\$75/\$95
	Thurs.	3:00-4:00p	\$75/\$95	\$75/\$95	\$75/\$95	\$75/\$95	\$75/\$95	\$75/\$95

Pricing Reflects Member/Non-Member

JUNIOR LEVEL DESCRIPTIONS



Level I

Ages 4-8. Beginners. Learn traditional stroke techniques, basic grips, footwork, and court etiquette. Small student/teacher ratio with an emphasis on technical instruction. "Fun & Fundamentals."

Level I+

Ages 10 & up. Introduction to Tennis. Same as Level I, but only for pre-teen and teenage students.

Level II

Advanced beginner. Ages 9-10. Has completed Level I or the equivalent. Knows basic grips and can sustain a rally with directional aim. Hits accurately while on the run. Starting to serve overhand, but with an abbreviated motion. Often still learning the scoring system.

Level II+

Intermediate. Ages 10 & up. Same as general Level II, but only for pre-teen and teenage students.

Level III/Junior Stars

This class combines stroke production and technique with strategy and match play. Students are starting to use spin (top spin and slice) on groundstrokes. Utilizes correct grip on volleys and overhand serve. Understands scoring system and has good fundamentals with improving footwork. Most students are middle school or JV team ready.

Level IV/Elite

Class is focused on High School Varsity and tournament level players. Students are expected to know grips and spins in all shot categories and can understand/apply strategy and tactics. Emphasis will be placed on competition. Movement between courts will be based on performance. 2-day attendance is encouraged.

Junior Match Play

Level II+ and up play matches to develop on-the-court experience with technical elements that are learned in our clinics and private lessons. Contact Brent Johnson at brentjohnson962@gmail.com or (513) 478-9174.

ADULT PROGRAM DESCRIPTIONS

Adult Beginners

This class is designed to break down the basic fundamentals of the main shots in tennis, being groundstrokes, volleys, and serving. Discuss proper grips, swing path, footwork, and other important basics that help make you a better tennis player.

IRR

Instructional Round Robin. This class is designed to work on point-play strategy, positioning, and patterns. This class will touch on some stroke development but is more geared toward playing out points. The recommended level is 2.5 - 4.0.

Cardio Tennis

A great way to get those steps in is by playing tennis! Our cardio classes have a lot of movement; but with a lot of point play. In cardio tennis, you won't find yourself standing still often, we stay hitting and moving. Great way to get the cardio while having fun.. The recommended level is 2.5+.

Pickleball Drill & Play

We work on specific key shots like dinks, drives, drops, and volley techniques. In the first half, you will learn the techniques, then spend the last 25-30 minutes practicing the skills while getting instructor feedback and supervision.

ADDITIONAL DETAILS

Our Tennis professionals include Tennis Director, Michael Neverman, Ghassan Al-Ansi, Meaghan Colville, Geoff Crawford, Ismael Dulloo, Jason Grannen, David Hacker, Troy Helmers, Jerry Howard, Brent Johnson, Adam Moler, and Eric Thompson

All payments must be made to Beechmont Racquet & Fitness by the first day of class.

Drop-Ins: Available in some classes for an additional \$5 fee per class. Must call ahead to attend.

Missed Classes:

All Sessions are a set price. A player **MUST** give 24 hours notice that they will miss a class to be eligible for a make-up class during the same or next session. Make-ups must be pre-arranged and emailed to tennis@beechmontfitness.com. If no notice is given, that class WILL NOT be made up.

Free Walk-Ons:

For junior members actively participating in Level II+ and up; may not reserve courts ahead of time.

No classes on 11/22-11/26, 12/23-1/1, or 3/30-4/7.